

# **CARLE SPORTS MEDICINE PERFORMANCE ENHANCEMENT REGISTRATION**

I am planning on participating in the following program:  
(may check more than one)

- Personal Training
- Frappier Acceleration
- Vertimax™ Vertical Jump Training
- ACL Risk-Reduction
- Throwing Program
- Hitting Program
- Sport Specific Technique Training

**To receive group discount rates, athletes must register together and complete the program together. (Names must be indicated on the registration form.)**

In order to register, the following information must be received in our office at the time of the first consultation:

- \*Completed Registration Form
- \*Completed Participation Waiver Form
- \*Completed Policies Form
- \*Full Payment: Cash, Credit Card (Visa, MasterCard, Discover, American Express) or Check (made payable to Carle Sports Medicine)

Training is preceded by pre and post program testing that is not included in the program time frame.

If you have questions regarding the optimal time to start any of our Performance Enhancement Programs, or if you would like to set up your training, please call (217) 326-1965.